

Tribal Joy!

**It's a dance workshop..
a drum workshop..
with yoga... and a dance party!
Sept 1-3**

*Still Meadow Retreat Center
Carver, Oregon*



Yes, we are doing it again!... combining our love of dance, music, yoga, nature and good food into an incredible weekend.



You'll learn African and Tribal Belly dance forms and the rhythms that accompany them. Then unwind with yoga, a long walk through the meadows and woods or perhaps enjoy a sauna and massage.

After all that exercise, eat with impunity sampling Still Meadow's excellent cuisine. Then shake it at Saturday night's dance party. Sunday we finish with a sumptuous brunch.

Just 35 minutes from Portland, Still Meadow (stillmeadowcommunity.com) is a picturesque retreat center surrounded by 60-acres of gardens, forested trails and rivers.



Lynea Gillen, Cammi Vance (Darshan) & Charlotte McFarlane will teach African Tribal Fusion and Tribal Dance forms. Jim Gillen leads yoga, TaKeTiNa & African drumming. Other guest teachers to be announced.

**Weekend (all inclusive) \$295 (\$320 after June 15)
Saturday Dinner & Party \$25 (adv. registration only)**

**Register and pay by credit card online at www.tribaljoy.com
or mail registration (on back) and check to Still Moving Yoga, LLC
10040 SW 25th Ave Portland, OR 97219**

.....

Info/Registration: wolbauj@yahoo.com, 206/227-9077

www.tribaljoy.com

Tribal Joy Workshop Registration

Friday – Sunday, Sept 1 - 3, 2006

(Copies of this form available at www.tribaljoy.com)

PARTICIPANT INFORMATION

Please print legibly. Complete a separate form for each registrant.

Name: _____ Addr: _____

City: _____ State: _____ Zip: _____

Tele #: _____ Email: _____

Special needs? Please advise: _____ -- _____

Emergency contact & telephone number: _____

How did you hear about the workshop _____

REGISTRATION FEES

Weekend \$295; \$320 after June 15. Includes 2 nights lodging, 4 meals, Sunday brunch, all classes and Saturday night party.

Saturday Night Dinner & Party Only \$25 (advance reservations only)

Pay by credit card online at www.tribaljoy.com or mail this form along with a check made to Still Moving Yoga, LLC, 10040 SW 25th Ave. Portland, OR 97219

CANCELLATION POLICY

You have up to August 14, 2006 to cancel, and you will be refunded less a \$25 administration fee. If you cancel you may not substitute your spot; we will refer to the wait list. If the workshop is cancelled, the entire fee will be refunded.

Massage is scheduled directly and will have a separate fee. We will be forwarding this information to registrants.

QUESTIONS?

Contact Jacque at wolbauj@yahoo.com or (206) 227-9077 or check www.tribaljoy.com